

Electronic Clinical Practice Guidelines (@CPG): a tool to improve the approach of Major Depression (MD)

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NeuroRescue

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Catalonia Health Department and the Catalan Health Institute incorporated in their computerized medical record a Clinical Practice Guideline on major depression in order to improve quality of care and interaction between different levels of care

✓The @CPG offers help in the diagnosis, treatment and monitoring of depression

✓Boost suicide risk assessment

✓Sets criteria for referral and prioritization appointments

@CPG offers two levels of support:

- Common screen patient pathologies alerts
- Scenarios help to **DIAGNOSIS, TREATMENT and MONITORING**

Common Integration screen

Automatic indicators:

- suspected disease **DEP**
- poor control **DM2**
- stage changes **D**
- monitoring of future clinical activities (appointments) **S**
- aids in pdf / html

Clinical Suspicion

✓In antidepressant treatment or undiagnosed psychotropic drugs (MEDS)

✓ Non-specific diagnoses, or diagnoses potentially related to depression in recent months

Diagnosis Help

Treatment Guide

✓Mini-interview
✓PHQ9
✓Suicide risk assessment
✓GAF

Monitoring, poor control alerts and referral

Conclusion: The @CPG aims to improve the diagnosis and therapeutic management of MD. Studies should be made to assess its real impact on the quality of care.

Poor control criteria:

- ✓PHQ9 > 9
- ✓GAF ≤ 60
- ✓Suicide Risk > 5

Grant: Astra-Zeneca Foundation, Spain

AstraZeneca

Management: Fundació Acadèmia de Ciències Mèdiques i de la Salut de Catalunya i de Balears

L'Acadèmia